

PLAINMOOR COMMUNITY SWIMMING POOL

TIMETABLE January - April Maybe Subject to change

	6.30	7AM	8AM	9AM	10AM	11AM	12.00	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM			
MONDAY	Early Birds Lane Swim 6.30-7.30am		Abbey school 1 lane 8am-8.30am Lane swimming 7.30-8.30	Lane swimming 8.30-9.30	Change Over	Mayfield 10.00-11.30am	Sherwell Valley	Swimming Lessons Lane Swim 12.30-1.30pm	St Maragrets 1:30 - 2pm	Swimming lessons Lane swimming 2pm - 3pm	Swimming Lessons Lane Swim 3:00-4.00pm	Swimming Lessons			Torquay Leander Swimming Club		Public Adults only Lane Swim 9pm-10pm	MONDAY		
TUESDAY	Plainmoor TRIATHLETE Club 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Lane Swim 9.30-10.30am	Water Mobility 10.30 - 11.30am	Spires 11:30 - 1pm		Homelands 1pm - 2pm	Combe Pafford 2.00-3.00	Swimming Lessons			Aquasize for all	Torquay Leander Swimming Club		CLOSED	TUESDAY		
WEDNESDAY	Early Birds Lane Swim 6.30-7.30am		Abbey school 1 lane 8am-8.30am Lane swimming 7.30-8.30	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Swimming Lessons Lane Swim 9.30-10.30am	Lane Swim 10.30-11.30	Change over	Aquasize for all 12:00 - 1:00	Torre 1pm - 2pm	Change Over	Babbacombe 2.15 - 3.15pm	Change Over	H2O Swim Lessons		Aqua Splash x 3 lanes	Oddicombe Swimming Club	Torquay Leander Swimming Club	Public Adults only Lane Swim 9pm-10pm	WEDNESDAY	
THURSDAY	CLOSED		Early Birds Lane Swim 8.00-9.00am	Change Over	Parents & Tots 9.30-10.00am Parents & Tots 10.00-10.30am General swim Deep end only	Water Mobility 10.30 - 12.00pm	Swimming Lessons Lane Swim 12.00-1.00pm	Ellacombe 1pm - 2pm	Upton 2pm - 2.45pm	Spires 3.00-4.00pm	Swimming Lessons			Torquay Leander Swimming Club		CLOSED	THURSDAY			
FRIDAY	Early Birds Lane Swim 6.30-7.30am		Early Birds Lane Swim 7.30-8.30am	Swimming Lessons Early Birds Lane Swim 8.30-9.30am	Watcombe 0930-1030	Change Over	Swimming Lessons Lane Swim 11.00-12.00pm	Torquay Adacemy 12.00 - 12.45pm	Change Over	Warberry 1pm - 2pm	Combe Pafford 2:00-3:00	Swimming Lessons Lane Swim 3.00-4.00pm	Swimming Lessons			Torquay Leander Swimming Club	Public Adults only Lane Swim 7pm-8pm	CLOSED	FRIDAY	
SATURDAY	CLOSED		Early Birds Lane Swim 8.00-9.00am	Torquay Leander Swimming Club	H2O Swim Lessons (Lengths)				Change Over	Swimming Lessons Family Swim 1.30-2.30pm	Swimming Lessons Family Swim 2.30-3.30pm	Party hire available			CLOSED			SATURDAY		
SUNDAY	CLOSED			Swimming Lessons Lane swimming 2 lanes only 09:00-11:00		Swimming Lessons				Change Over	Family Swim 11.00 - 12.00pm	Family Swim 12.00-1.00pm	Lane Swim 1.00-2.00pm	Family Swim 2.00-3.00pm	Teign Diving Group 3:30-5:30pm			CLOSED		SUNDAY

BOOKINGS CAN BE MADE ONLINE via GYMSYNC or calling the pool on 01803 323400